

# 2020 National Leadership Conference

July 7-9, 2020

Now a **VIRTUAL** story!



## Welcome!

Hello everyone! This year some of our members competed in the 2020 Virtual National Leadership Conference (vNLC). Participating in this year's vNLC were Maddison Hatanaka, Jhulianna Cendana, Nhat Vallo, Alissa Mabini, Skye Yasuda, Jonathan Aban, Tanner Dayag, Skyley Sheldon, Kahmee Teshima, and Amanda Ibanez. All of their hard work paid off and they have achieved great results! We would like to share some of their experiences with you with this newsletter.



Amanda Ibanez  
Hawaii State President

## vNLC Review

Amanda Ibanez  
Hawaii State President

Due to COVID-19, many events for the 2019-2020 school year was cancelled, including the annual FCCLA National Leadership Conference (NLC). However, the national board of directors wanted to provide students with the experience of the national conference, so this year, FCCLA held its first ever Virtual National Leadership Conference. While students could not explore the venue in person, vNLC allowed them to browse through a virtual expo with workshop sessions. In the virtual expo, students were able to visit with different vendors such as colleges, fundraising opportunity suppliers, community service project prospects, and more. Students enjoyed watching the prerecorded Red Talks and demos within the Leadership Zone. Students even spoke with others through the networking area and live chats. Although it was not in person, vNLC was able to provide students with "The Ultimate Leadership Experience."

## vNLC Highlights

5,419 members, advisers, exhibitors, and guest from 50 states and Puerto Rico attended the first FCCLA vNLC!

14 teams battled it out for the National Championship in the FCCLA/LifeSmarts Knowledge Bowl Competition.

2,985 students competed in the virtual STAR Event.

861 members, advisers, and supporters served as virtual STAR Event volunteers.

12 Hawaii members/advisers participated in the virtual STAR Events.

## Demos were Fun

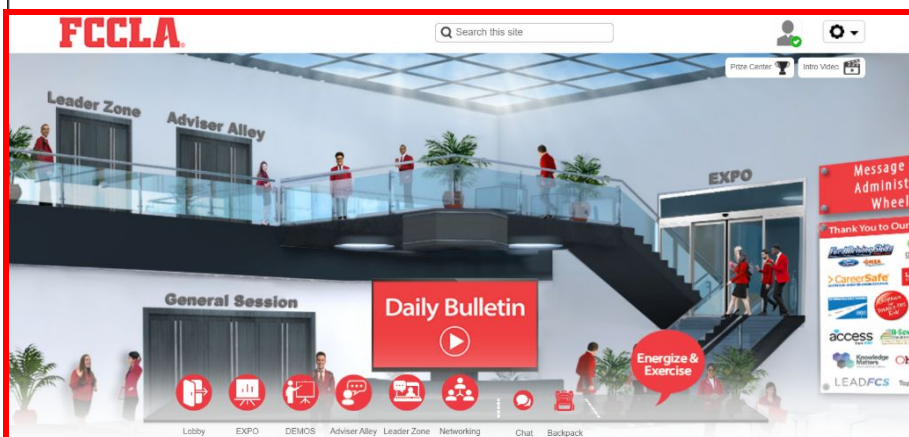
Skye Yasuda  
Waipahu FCCLA Chapter

I personally enjoyed watching some of the demo videos such as the mask making and the making of the famous D.C. Cupcakes.

In the Expo, I checked out many booths and found Fair Trade to be interesting and quite 'neat'.

Many colleges posted their recruitment videos, but I did not find any that I was really interested in.

I thought the conference was overall well thought out and organized, but I would have enjoyed it much more if I got the chance to do it in person Hopefully next year!



## An Affordable Conference

Alissa Mabini  
Waipahu FCCLA Chapter

I was an evaluator for the Leadership STAR Events and I learned a lot about leadership. The projects highlighted what leaders value, and how all of us value different things.

Participating in the first virtual FCCLA STAR Events showed all of us just how much is possible to do online. It's almost the same experience, the only difference is it's not in person, and this way it's much cheaper and therefore I was actually able to attend.

I think it would be a good idea to continue to offer a virtual conference in addition to the in person one in future years even after covid as we have proved that it's quite possible to participate in STAR Events without having to spend a ton of money to fly to the mainland. This method would accommodate those who can't afford it and it will prevent others from missing out just because they cannot afford the trip.



**New National Program!** Members develop, plan, carry out, and evaluate advocacy activities to improve the quality of life in their communities. Members develop their voice to make a positive impact. Through their projects, members experience character development and improve their critical and creative thinking, interpersonal communication, leadership, practical knowledge, and career preparation.

**Assess** current needs

**Educate** others regarding concerns

**Advocate** so that they can make a difference now and in the future

*Replaces STOP the Violence*



## Home Baking Association

Providing Tools and Knowledge to Perpetuate Generations of Home Bakers

- 1 large egg = 2 egg whites + ½ teaspoon vegetable oil
- 1 large egg = 3 tablespoons water + 1 tablespoon fl
- 1 large egg = ¼ cup silken tofu



Should re-hydrate raisins when using in baked goods. Prevents crumbly dough as dried fruit tends to absorb the moisture from the dough.

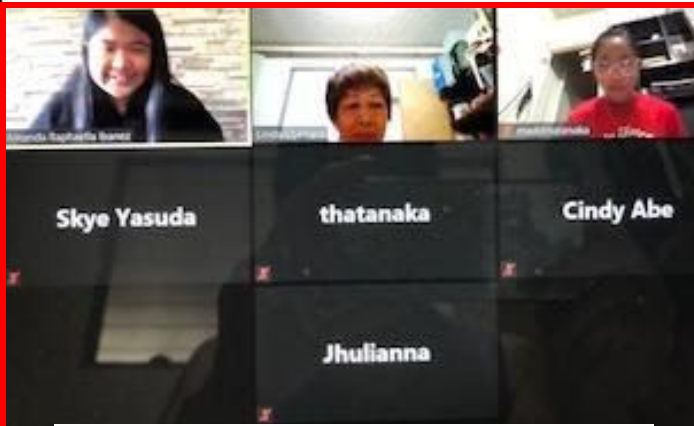


RAISINS

### Fast Fashion

Fast Fashion, a contemporary term-utilizes trend replication, rapid production, and low quality materials to bring inexpensive styles to the public.

Slow Fashion is a movement towards mindful manufacturing, fair labor rights, natural materials, and lasting garments.



Hawaii Zoom Conference Party!!

### The Election of our 2020-2021 Officers

Kahmee Teshima  
Hawaii State 1<sup>st</sup> Vice President



Backpack

It was quite an experience to be the voting delegate for our state. At Nationals, we would be able to watch all of the candidate's speeches, meet them in person; but this year, we could watch their speeches any time, all day.

The conference was conducted on EST, so being from Hawaii, I woke up at 5 am to join the networking session with all the voting delegates and National Officer Candidates. We were divided into 20 different groups of 7-9 other voting delegates and were given 5 minutes to speak and interview each candidate.

Even though we weren't all together in person, I still felt that I met each candidate and with the help of our advisers and members, was able to select the best top 10 for the national executive council.

# BEYOND MEASURE



## A Gamified Classroom

Make Learning Magical  
Trisha Richmond

<https://www.tisharichmond.com/blog/archives/06-2017>

Explore these sites:

Google Site	Canva
Google Slides	Adobe Sparks
Wakelet	Google Drawing
Thinglink	Schoology

## Connecting with Others

Nhat Vallo  
Leilehua FCCLA Chapter



Throughout this whole FCCLA experience, my favorite part has to be being able to connect with other students around the island, it was such a great experience for FCCLA students to gather around and share their projects.

The virtual NLC is also pretty cool, because I love being able to go and watch multiple demos and come back to watch it if I wanted to.

What I learned from this experience is that it's such a rewarding thing to finish because the moment you finish your project, it feels like you just won a marathon and that for me is the best feeling ever.

## An Amazing Experience

Jhulianna Cendana  
Leilehua FCCLA Chapter

During our virtual FCCLA conference, I learned how important technology is, especially in today's world. Dealing with a pandemic you must learn to make the best out of any given situation. The best part for me was being able to see how many people are involved with FCCLA across the nation. I loved listening to the different candidates running for a position because they shared their story and I was inspired listening to how FCCLA helped them find their potential.

Although it wasn't in Washington D.C. this year, it was still an amazing experience. We were able to win gold for the second time and I will forever be grateful for this experience.



DreamCatchers is a network of high school or college student clubs dedicated to fulfilling the end-of-life Dreams of hospice patients in their communities.



Fair trade products support women around the world by providing opportunities to market their talents. Each product is handcrafted by a hardworking woman who is able to live her dream of becoming self-reliant and supporting her family.

## Advantages of a vNLC

Can attend anytime of the day, in your pjs too!

Can re-wind in case you missed something.

Can view all of the demos, talks, presentations, sessions, etc. You do not have to plan and get to the session/building/room at a specific time.

For STAR Events, we could re-tape ourselves, preview ourselves before submitting our presentation.

As an evaluator, could re-watch the presentations, to follow the rubrics. But could not ask any questions.

Cheaper, affordable.

Able to attend summer school.

No time/schedule conflicts.



## Ratification of the Constitutional Amendment

Kahmee Teshima  
Hawaii State 1<sup>st</sup> Vice President

In May we were sent the constitutional amendment with its justification. I posted a poll on our state's Instagram Story for our members opinion. 92% of our members were for the amendment and 8% were against. In June, the voting delegates joined the live Business Session where we then cast our final vote. The majority of the nation were for the amendment. Nationals made it a very simple and easy process for all of us. Even though we were all at home and miles apart, we were able to have our voices heard.



Fcclahawaii.org  
[Fccla.hawaii@gmail.com](mailto:Fccla.hawaii@gmail.com)



**FCCLA** offers a few national programs. The program that caught our eye was the Families Acting for Community Traffic Safety (FACTS). This national program helps teens save lives through personal, vehicle, and road safety. Students have the opportunity to educate youth and adults about traffic safety and support rules and regulations of the road. This program allows students to help raise awareness of traffic safety and hopefully lessen the amount of traffic safety related concerns.

FCCLA's main focus is on family; this program lets students address safety-related issues as an integral part of FCS education. Preventing and educating about traffic related incidents helps in bettering families and the community, which is what FCCLA focuses on. FACTS projects relates to three area topics

**FACTS Essential Topics**

- **People** - to understand and promote your role as a driver or passenger and keep yourself and others safe
- **Vehicles** - to understand vehicle safety and the role it plays in safety for you and others
- **Roads** - to understand and promote your role on the road as well as the safety hazards you may encounter and how to avoid or react to them

**Recognition**

Students who decide to participate and compete have the opportunity to obtain awards. At the state-level, the top project will receive \$500 for their chapter and have the opportunity to be considered for a national award at NLC. Depending on the advisor, those who had been involved in the submission of the top project will have the chance to attend NLC.

**Braised Chicken**

Chef Paola of Escoffier School of Culinary Arts  
 Braising is building flavors slowly.



- |                          |                                    |
|--------------------------|------------------------------------|
| 4 chicken thighs         | 1 t. capers (very salty)           |
| 5 pieces garlic, chopped | 1 T. rice vinegar (not too acidic) |
| ½ onion, chopped         | salt                               |
| ¼ c. chicken broth       | grape seed oil (neutral oil)       |
| ¼ c. water               | parsley, minced                    |

Salt chicken, sear in oil skin side down, 8 minutes.  
 Turn pieces, sear 2 more minutes, remove from pan.  
 Add aromatics to the fond: onion, garlic; brown 2 minutes.  
 Add capers.  
 Add chicken broth, water; return chicken, cook for 30 minutes.  
 Remove chicken, add vinegar, reduce liquid to half.  
 Return chicken, season with parsley.

**Retaking my Video**

Maddison Hatanaka  
 Kalani High School/Farrington FCCLA Chapter

This year's national conference was different than normal, but in my opinion it was for the better. I liked that it was virtual because I could retake my video as many times as I wanted, instead of having one shot in front of judges. Part of me wished it wasn't virtual because I really wanted to go to D.C. and see all the monuments, go to all the Smithsonian museums, and spend a lot of money.

I also liked playing the game through our Hawaii zoom meetings, especially because the prize was Starbucks gift cards. Overall I enjoyed this virtual conference because I did well on my project and it gave me the opportunity to attend summer school.

**Tyler Lemley version of Shepherd's Pie**

FCCLA National President

Shepherd's pie is a ground meat pie with a crust or topping of mashed potatoes, of English origin.

- |                     |                          |
|---------------------|--------------------------|
| 1 ½ # potatoes      | 2 cloves garlic, chopped |
| 4-8 T. butter       | 1 t. thyme               |
| ¼ - ½ c. milk       | 1 ½ # ground beef        |
| ¼ c. sour cream     | 1 c. frozen peas         |
| 1 T. olive oil      | 1 c. frozen corn         |
| 1 lg onion, chopped | 1 T. flour               |
| 2 carrots, chopped  | 2/3 c. chicken broth     |

Boil potatoes, let soften for 18 minutes  
 Mash potatoes, add butter, milk, salt, pepper; set aside  
 In large skillet, heat oil add onions, carrots, garlic, thyme; heat over medium heat.  
 Add ground beef, stir in frozen peas and corn, season with salt and pepper.  
 Sprinkle flour over meat and stir.  
 Stir in chicken broth, simmer for 5 minutes.  
 Place beef mixture into casserole dish and top with mashed potatoes.  
 Bake for 20 minutes. In 350°F degree oven.



*The vision of **Character Minutes** is to re-instill character in communities by assisting educators in sharpening the lives of youth and adults.*

Lessons will help teachers and students make the world a better place. Character Minutes was planned by an educator for educators with input from industry.

<https://characterminutes.com/>