

A Guide to GREAT STAR Event Presentations

Tips and Tricks For FCCLA
STAR Events

Note: A little
progress each
day adds up to
big results.



01

Read your STAR Event rubric carefully

02

Start early.

03

Seek help from others.

04

Practice, practice, practice!

05

Have fun!

Each STAR Events requires:

- A verbal presentation (script)
- An electronic portfolio, display board or a visual aid.

Examples:

Electronic portfolios are required for:

- Career Investigation
- Chapter in Review

Visual presentations are required for:

- Interpersonal Communications
- National Programs in Action

Display boards are required for:

- Focus on Children
- Food Innovations

Creating a good presentation





1

Choosing a font style and size that your audience can read from a distance.



Use a basic, easy-to-read font type, such as Arial or Calibri.

Avoid thin or ornamental fonts that are difficult to see.

Note: Make sure the text size is large and dark enough for the judges to read (they are usually three to four feet in front of you).

(Recommended fonts to use and not to use)



Arial

Avenir

Calibri

Comic Sans

Century Gothic

Roboto



Alex Brush

Allura

Caveat

Covered by Grace

Kaushan Script


Lobster



2

Keep your slides
simple and easy
to read

Make your display
board visually
appealing



For **electronic portfolios**, strive to be as descriptive as possible. Include information and photos required by the rubrics.

For **visual presentation**, use fewer words and more photos or graphic images. Use multiple slides so the texts can be large enough to be seen from a distance.

For **display boards**, use borders, headings, and photos. Be neat and organized.

(Easy to read vs. not easy to read screen)

ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ

ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ
ABCDEFGHIJKLMN
OPQRSTUVWXYZ

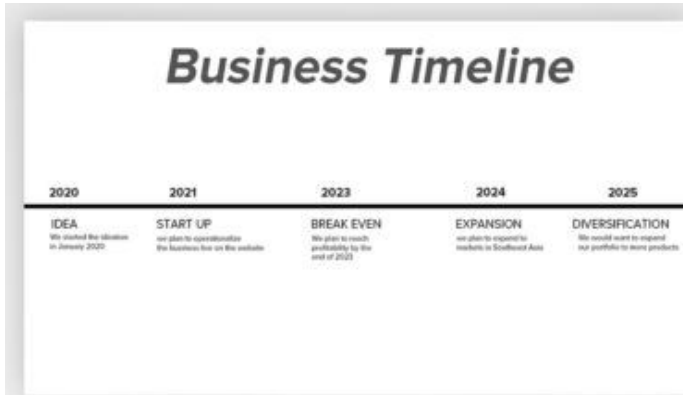


3

Make your slides
visually appealing!

- Use graphics to help convey your message.
- Make slide backgrounds subtle and keep them consistent.

Note: Use an appealing template or theme to maintain the interest of your audience.



BORING

BEFORE → AFTER



Plain with no background



INTERESTING



Great use of space with larger text, graphics, and colors.



Delivering an Effective Presentation

1

Start strong.



Grab your audience's attention at the beginning and hold it. Start by entertaining them.

Tip: You can talk about your personal experience and how it relates to your topic, create a short skit, or provide compelling statistics or facts.

2

Smile and make eye contact.



This sounds very easy, but a surprisingly some presenters fail to do this.

If you smile and make eye contact, you are building rapport, which helps the audience to connect with you and your subject.

Note: This will also help you to feel less nervous, because you are talking to individuals.

4

Use your voice effectively.



Vary the speed at which you speak and change the pitch and tone to make your voice interesting to hold your audience's attention.

Tip: Conduct your presentation for your friends, family members, and advisers before the event to help you practice using your voice and gain confidence.

5

Use your body too.



Your body language is critical to getting your message across.

Make sure that you are giving the right messages: avoid crossed arms, hands held behind your back or in your pockets, and pacing the stage.

Tip: Make your gestures open and confident, and move naturally around the stage, and among the audience too.

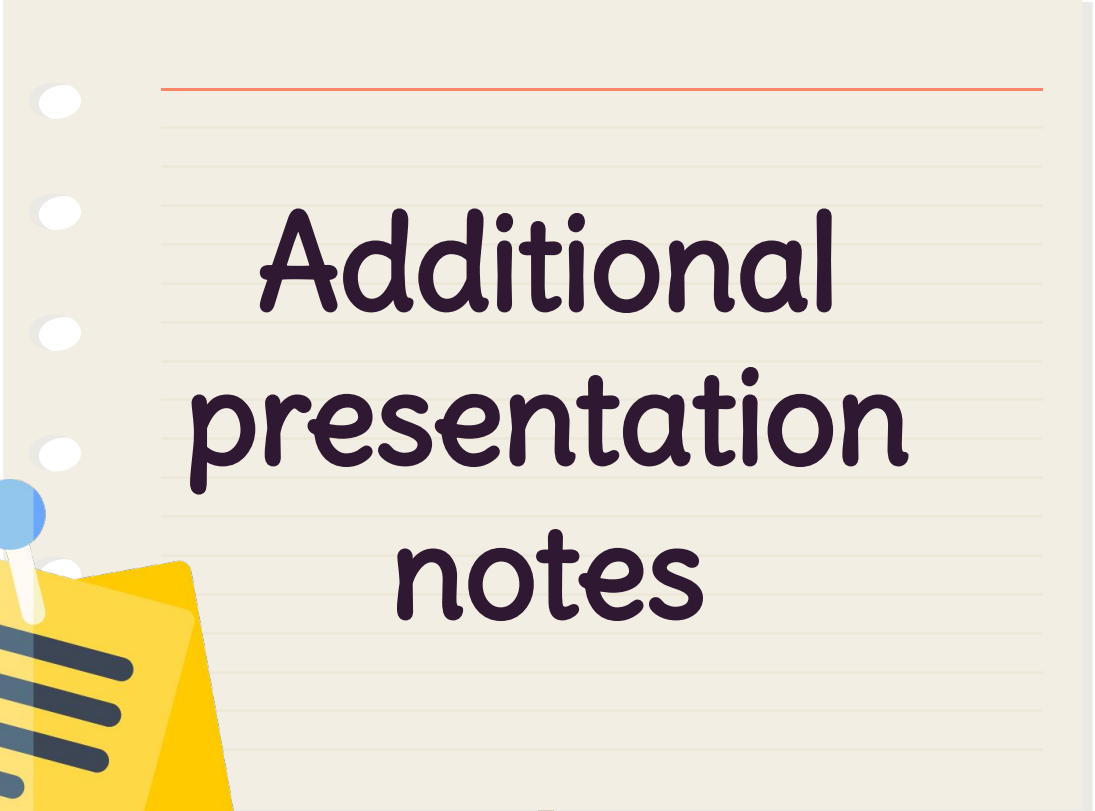
6

Stay on time.

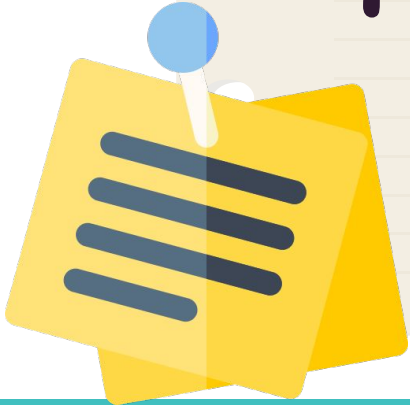


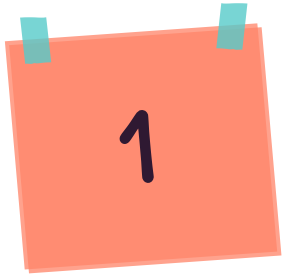
Most STAR Events give you 10 minutes to complete your presentation. Make sure you cover everything on your script before it ends.

Tip: Time your presentation. If necessary, rewrite your script and remove unnecessary words or information. You can reword your sentences into shorter one. Ask your advisor or teachers if you need help.



Additional presentation notes





Memorize your script!



- Memorize your script as soon as early as possible.
- Practice your script out loud at least the lines of one slide a day to make it easier for you to memorize your whole script.

Tip: Practice and memorize your script, as you walk between classes or to school. Use your time to memorize your script instead of going on social media or chatting with other on your phone.



2

**Materials you may
use when
presenting.**



**Air mouse/ laser
pointer**

These items can help you save time and motion when presenting.



Flashcards

Write out your script on flashcards to keep track of your presentation and to refer to if you forget your lines.

What to do
before and
on the day of
the event



1

**Download your
electronic portfolio
or visual
presentation
to a PDF file.**



**The location where your
event will be held may
not have Internet
connectivity. Download
your Powerpoint or
Google Slides to a PDF
will ensure you can
access it.**

2

**Charge your
computer.**



**Make sure to charge
your computer before
your presentation.**

**Bring a computer
charger with you in case
your computer battery
gets low.**

3

Get a good night sleep.



Get everything done ahead of time and get a good night sleep.

You will be more refreshed and energized the next day.

4

Have fun!



Don't allow your nervousness to interfere with your presentation.

This is your moment to shine, so seize it and show off your hard work to create and prepare your project.



**Words of
encouragement from
students who completed
STAR Events**

“To STAR Event participants, keep your crowns on and do your best! When opportunities to practice and get advice come up, take them. Sometimes you may be offered advice or criticism that may make what you feel shot down, but carry through! Do work on your projects earlier before the competition in case you need to make any critical changes.”

- Aris Carlos from Moanalua Chapter



“Doing the STAR Events is a great opportunity to prepare you for your future, advance your presentation skills, as well as build your relationships with other people. I must admit that it was difficult for me at first because it was my first time participating in STAR Event and I needed to learn how to manage my time in order to complete the materials. But, owing to the people who assisted me towards the end, I was able to get through it. Keep in mind, effort makes you. Keep working hard and get all the assistance you can get because it will be worth it in the end.”

- Sophia Cayetano from Farrington Chapter



“Never be afraid to ask for help when things get hard. STAR Events can be confusing so you shouldn’t feel ashamed for wanting some assistance. And you should try to have fun. Wanting gold is a great ambition but it’s also the experience in doing the event that will allow you to really feel that you have accomplished something.”

- Amanda Ibanez from Moanalua Chapter



Amanda had actively engaged in the STAR Events during her four years of high school.

“Even if the project seems like a lot, don’t be afraid to try it. Read the rubrics as those will provide a lot of assistance throughout the completion of your project.”

- Kahmee Teshima from Moanalua Chapter



Kahmee had actively engaged in the STAR Events during her four years of high school.

“Pursue your ideas. When the workload of your project starts to feel heavy, reflect back on why you’re doing this in the first place and keep focused on your goal. Stick to your planned timeline. Don’t be ashamed to reach out for help. Your fellow FCCLA members, advisors and mentors will help you. Your hard work will pay off when you go the extra mile. Reaching that gold is definitely possible.”

- Kaitlyn Requillo from Farrington Chapter



Along with Izah Brogado, Kaitlyn won first place for the STAR Events' Focus On Children (level 2) category at the 2022 National Conference.